

Iowa TRiO Fact Book 2007



Federal TRiO Programs
U.S. Department of Education

Overview

What is TRiO?

TRiO equals educational opportunity for low-income, first generation, and disabled Americans.

Our nation has asserted a commitment to providing educational opportunity for all Americans regardless of race, ethnic background, or economic circumstances.

Beginning with the creation of Upward Bound through the Higher Education Act of 1965, Congress has committed to helping low-income Americans enter and graduate from college. While student financial aid programs help students overcome financial barriers to higher education, TRiO programs help students overcome class, social, and cultural barriers to higher education.

The Federal TRiO Programs

- Upward Bound
- Educational Talent Search
- Student Support Services
- Educational Opportunity Centers
- Upward Bound Math and Science
- Veterans' Upward Bound
- Ronald E. McNair Post-Baccalaureate Achievement

Although the name "TRiO" initially came into use after the first three programs were authorized under the Higher Education Act, there are currently seven distinct programs that comprise the federal TRiO programs. Each plays a unique role in providing educational opportunity for eligible students.

Why TRiO?

TRiO programs help low-income / first-generation and disabled students achieve their dreams of continuing their education. According to federal guidelines, 67% of participants in any TRiO program must be both first-generation, low-income.

TRiO in Iowa

23 of Iowa's colleges and universities host 53 TRiO programs. These programs collectively received over \$16 million to administer services to over 16,800 Iowans during 2006-07.

TRiO Program	Number of Programs	Number of Participants
Upward Bound	17	1,165
Educational Talent Search	9	8,125
Student Support Services	22	4,455
Educational Opportunity Centers	2	3,000
Ronald McNair Post-Baccalaureate	2	57
Upward Bound Math Science	1	57
Total	53	16,859

TRiO in Iowa Works!	National Average*	Iowa TRiO
High School Graduation Rate	83%	98%
Post-secondary Enrollment Rate for High School Graduates	25%	85%
Post-secondary Completion Rate within 6 years of enrollment	8.6%	46%

*Statistics based on students from a family with an income less than \$36,000
Data Source: Post Secondary Education Opportunity

Upward Bound

Goal

The goal of Upward Bound is to increase the rates at which participants enroll in and graduate from institutions of postsecondary education.

Upward Bound serves high school students from low-income families and high school students from families in which neither parent holds a bachelor's degree. A major feature of Upward Bound is a 4-6 week summer component where students live on a college campus and receive services.

Services

- Instruction in math, laboratory science, composition, literature, and foreign language
- Instruction in reading, writing, study skills, and other subjects necessary for success in education beyond high school
- Academic, financial, and personal counseling
- Exposure to academic programs and cultural events
- Tutorial services
- Mentoring programs
- Information on postsecondary education opportunities
- Assistance in completing college entrance and financial aid applications
- Assistance in preparing for college entrance exams
- Work study positions to expose participants to careers requiring a post-secondary degree

Iowa Information

- 17 Upward Bound Programs
 - Briar Cliff University
 - Coe College
 - Graceland University
 - Iowa Lakes CC
 - Luther College
 - Northeast Iowa CC (Peosta)
 - Southeast Iowa CC
 - University of Iowa
 - Western Iowa Tech CC
 - Central College
 - Des Moines Area CC
 - Indian Hills CC
 - Iowa State University
 - Northeast Iowa CC (Calmar)
 - Simpson College
 - St. Ambrose University
 - University of Northern Iowa
- 141 School Districts served
- Funded to serve 1,165 students for 2006-07

An Iowa Success Story—Laura Nutt

Laura Nutt
Des Moines Area Community College Upward Bound
Senior, Lincoln High School



Laura comes from a single parent family, her mother is on disability. Laura's family has been pretty negative when it comes to education. They find it snooty, unrealistic and a waste of time. She is truly a low income, first-generation student.

"My experience with the DMACC Upward Bound program has been one of the greatest opportunities of my life thus far. During the first semester of my senior year at Lincoln High School, I earned a 4.308 GPA, which raised my cumulative to 3.95. I've elected to take a full schedule this year, including four A.P. classes and two weighted classes. On top of maintaining my grades, I was working on a few college applications and with the help of my Upward Bound advisors, was able to finish them promptly. In addition, thanks to the Upward Bound program, I did not have to worry about application fees, a tremendous weight off of my shoulders and those of my mother as well.

I am now a prospective Iowa Hawkeye with a twenty-thousand dollar academic scholarship awaiting my arrival. I plan on using it to assist me in my studies at the College of Liberal Arts and Sciences. With a major in Ancient History and a double minor in International Studies and Political Science, I hope to break new ground for myself and my family by doing something none of them have ever accomplished, graduating from a four year university. I also plan to follow that up by doing my graduate studies at Brown University to earn a Doctorate in archaeology.

I can not put into words how much I owe to the DMACC Upward Bound and all the people who have been there to help me along the way."

Iowa Outcomes 2006

Number of Students Served	1218
BOTH Low-Income and First Generation Participants	79%
Yearly Retention Rate	98%
High School Graduation Rate	99%
Post-Secondary Education Enrollment Rate	88%
2006 HS Graduates Enrolling in 4-year Public	35%
2006 HS Graduates Enrolling in 4-year Private	18%
2006 HS Graduates Enrolling in 2-year Community College	47%

*17 or 17 Programs reporting; 2005 or 2006 Annual Performance Report Data

Educational Talent Search

Goal

The goal of Educational Talent Search (ETS) is to increase the number of youth, 6th-12th grades, from disadvantaged backgrounds who complete high school and enroll in the postsecondary education institution of their choice.

Talent Search also serves high school dropouts, to age 27, by encouraging them to re-enter the educational system and complete their education.

Services

- Academic, financial, career, or personal counseling including advice on entry or re-entry to secondary or postsecondary programs
- Career exploration and aptitude assessment
- Tutorial services
- Information on postsecondary education
- Exposure to college campuses
- Information on student financial assistance
- Assistance in completing college admissions and financial aid applications
- Assistance in preparing for college entrance exams
- Mentoring programs
- Special activities for sixth, seventh, and eighth graders
- Workshops for the families of participants

Iowa Information

- 9 Educational Talent Search Programs
 - Briar Cliff University
 - Central College
 - Graceland University
 - Iowa Lakes CC
 - Iowa State University
 - Southwestern CC
 - University of Northern Iowa
 - Western Iowa Tech CC
 - Southeastern CC
- 100 School Districts served (may include middle school, high school, and alternative schools of some districts)
- Funded to serve 8,125 students for 2006-07

An Iowa Success Story—Beth Ann Thompson

Beth Ann Thompson
Iowa Lakes Community College ETS, SSS Alum
B.A. Communication Studies, Iowa State University



*“My family consists of my two older brothers, my mother and me. I am a **statistic**, the child of a low-income, first-generation, single-parent household. Our lives were a constant struggle to simply survive, with no money and little hope.*

*I have worked since I was 14 years old, helped with family expenses, purchased my own clothing and vehicles. Additionally, I was an active participant in the Educational Talent Search and Student Support Services programs. The educational and personal support I received from the TRIO Advisors was **instrumental** in my success. With their care, understanding and support, I learned to believe in myself and succeed, **no matter what any other person said or did.***

While involved in TRIO, I served as a mentor for middle school students through ‘Success for Sixth’ and at the Heartland Summer Camp. I was a founding member of Teens for Talent Search—a group chosen based on leadership potential, grade point average and overall ability to be exemplary.

I graduated in May of 2006 from Iowa State University, majoring in Communications Studies, minor in Sociology. I was fortunate enough to be awarded the Roy J. Carver Scholarship my junior and senior years. I am proud to say that I have achieved many personal successes. I am currently employed as the Marketing Manager for the new Wild Rose Casino & Resorts in Emmetsburg, Iowa.

Iowa Outcomes 2006

Number of Students Served	8223
BOTH Low-Income and First Generation Participants	68%
Participants Advancing to Next Grade Level	96%
High School Graduation Rate	96%
Post-Secondary Education Rate	81%
2006 Graduates Enrolling in 4-year Public	26%
2006 Graduates Enrolling in 4-year Private	18%
2006 Graduates Enrolling in 2-year Public, Private, Voc-Tech	56%

9 of 9 Programs Reporting; 2005 & 2006 Annual Performance Report Data

Student Support Services

Goal

The goal of SSS is to increase the college retention and graduation rates of its participants and facilitate the process of transition from one level of higher education to the next, particularly from 2-year degree programs to 4-year degree programs.

Student Support Services (SSS) may also provide grant aid to current SSS participants who are receiving federal Pell Grants.

Services

- Instruction in reading, writing, math, and/or study skills
- Tutorial services
- Academic, financial, and personal counseling
- Assistance in securing admission and financial aid for enrollment in graduate and professional programs
- Information about career options
- Mentoring
- Special services for students with limited English proficiency
- Direct financial assistance (grant aid) to current SSS participants who are receiving federal Pell Grants
- Assistance in securing admission and financial aid for enrollment in 4-year institutions (2-year college SSS)

Iowa Information

- 23 Student Support Services Programs at 4-year and 2-year colleges
 - Briar Cliff University
 - Central College
 - Coe College
 - Graceland University
 - Iowa State University
 - Luther College
 - Simpson College
 - University of Iowa
 - University of Northern Iowa
- Des Moines Area CC
 - Eastern Iowa CC
 - Hawkeye CC
 - Indian Hills CC
 - Iowa Central CC
 - Iowa Lakes CC
 - Iowa Western CC
 - Kirkwood CC
 - North Iowa Area CC
 - Northeast Iowa CC
 - Northwest Iowa CC
 - Southeast CC
 - Southwestern CC
 - Western Iowa Tech CC

An Iowa Success Story—Jessica Schmitt

Jessica Schmitt
 Northeast Iowa Community College SSS Alum
 Junior, Clarke College



Jessica Schmitt is a single mom raising a son and a daughter. As a full-time student at Northeast Iowa Community College, she became active in TRIO in April 2005 until her graduation in 2006.

Jessica dedicated every extra moment to her studies and it paid off. While at NICC, she held a 3.74 grade point average. She had a rough start trying to adjust to the ways of college as she grappled with her own religious beliefs. Although she blamed no one for any circumstances that may have not been the best for her while growing up, Jessica has blossomed because of her college experiences.

She is an enthusiastic non-traditional student. Many SSS advising sessions included conversations regarding what new ideas she has learned from her classes. Her academic performance accurately shows her potential in future endeavors. Jessica exemplifies the ideal TRIO—Student Support Services participant; she is an active member and a positive contributor to this grant.

Jessica found her calling while attending classes at Northeast Iowa Community College. By taking various social science classes, she realized her gift of helping others. People naturally relate to Jessica, because of her personal background and her ability to put others at ease. Jessica tutored for TRIO SSS and enjoys helping others learn as well.

Because of her personal experiences and hard work, Jessica won the Carver Scholarship. This scholarship enabled her to continue as a fulltime student at Clarke College in Dubuque, Iowa. She is pursuing her Bachelor's Degree in Social Work, with plans to be done in the spring of 2008.

Iowa Outcomes 2006

Number of Students Served	3786*
BOTH Low-Income and First Generation Participants	69%
Yearly Retention Rate	79%
Persistence to Graduation	59%
Good Academic Standing	89%
2-Year Students Transferring to 4-Year College	27%
Students Receiving Associate's or Bachelor's Degree	46%

*20 of 23 programs reporting; 2006 Annual Performance Report Data

Educational Opportunity Centers

Goal

The goal of Educational Opportunity Centers (EOC) is to increase the number of adult participants who enroll in postsecondary education institutions. An important objective of EOC is to counsel participants on financial aid options and to assist in the application process.

Services

- Academic advising
- Personal counseling
- Career workshops
- Information on postsecondary educational opportunities
- Information on student financial assistance
- Tutoring
- Mentoring
- Assistance in completing applications for college admissions, testing and financial aid
- Coordination with nearby postsecondary institutions
- Media activities designed to involve and acquaint the community with higher education opportunities

Iowa Information

- 2 Educational Opportunity Centers in Iowa
 - Indian Hills Community College
 - University of Northern Iowa
- Serving 210 communities in 29 counties
- Funded to serve 3000 participants in 2006-07

Iowa Outcomes 2006

Number of Adults Served	3000
BOTH Low-Income and First-Generation Participants	74%
High School Dropouts/Stop-outs Re-entering High School	23%
Post-Secondary Enrollment Rate	45%

2 of 2 Programs Reporting; 2006 Annual Performance Report Data

An Iowa Success Story—Deborah Berry

Several years ago Deborah faced an uncertain future. She wanted to go back to college and move beyond her career as a manager in retail sales. But the loans she defaulted on after earning an associate's degree from Hawkeye Community College were holding her back and she felt returning to school was not an option.

One day she took the advice of a friend and made an appointment with an UNI - TRIO Educational Opportunity Center counselor. One of the greatest challenges an adult person who wants to go back to school faces is defaulted loans. The perceived hopelessness of the situation can lead to a belief that there is no hope. However, after meeting with an UNI-EOC counselor Deborah's life began to change and hope was alive once more.

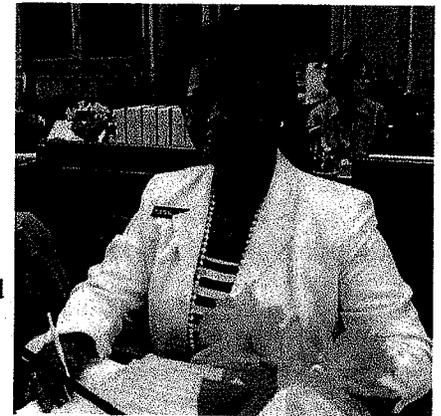
The TRIO program at the University of Northern Iowa's Center for Urban Education helped her through the process of paying those loans and applying for college.

Since that day, she has achieved many accomplishments in her life both academically and professionally. In 1998, she received her Bachelor of Science degree in Public Administration from Upper Iowa University and has been working toward her Master's degree.

Professionally after college, she obtained a position with the Waterloo Community Schools as an Education Site Coordinator of after school programs for at-risk youth. This position required a degree in higher education – a degree she now had. And as one opportunity lead to another, in January of 2000, Deborah was elected to serve as Waterloo's 4th Ward City Councilwoman, serving over 14,000 constituents. Today, she holds the position of State Representative for House District 22 in the Iowa State Legislature, representing over 30,000 constituents.

In addition to these accomplishments, Deborah was also honored in 2003 as one of four people receiving the National TRIO Achievers Award during the Council of Opportunity in Education's annual conference in San Diego.

Deborah's accomplishments both academically and professionally show her strong determination. Her accomplishments reinforce the idea that education is the key to preparing us for future leadership roles and also show how TRIO plays an important role in assisting individuals to accomplish their goals.



McNair Post-Baccalaureate Achievement

Goal

The goal of McNair is to increase the attainment of the Ph.D. by students from underrepresented segments of society.

This program is designed to prepare participants for doctoral studies through involvement in research and other scholarly activities.

Institutions work closely with participants through their undergraduate requirements, encourage their entrance into graduate programs, and track their progress to successful completion of advanced degrees.

Services

- Research opportunities for participants who have completed their sophomore year of college
- Mentoring
- Summer internships
- Tutoring
- Academic counseling
- Assistance in securing admission and financial aid for enrollment in graduate programs
- Seminars and other scholarly activities designed to prepare students for doctoral studies

Iowa Information

- 2 McNair Programs: Iowa State University & University of Northern Iowa
- Funded to serve 57 students for 2006-07

An Iowa Success Story—Dawniece Trumbo

Dawniece Trumbo
Iowa State University McNair Scholars
B.S. Marketing 2007



Dawniece will graduate from Iowa State University this spring with a degree in Marketing. This fall she will begin working on her Master's degree in Public Health.

I applied to the McNair program as a junior and was accepted. From that time, I was shown the path to graduate education and given necessary preparation along the way. McNair has provided me the confidence, incentives, and opportunities to make the dream of obtaining the Ph.D. a reality. For example, I have a wonderful faculty mentor to help me complete my research project; I have used McNair issued fee waivers for the GRE and to apply to various graduate programs; and the conferences have been excellent preparation for my future. I can confidently say that I wouldn't be where I am today had it not been for the McNair program. The prestige of being a McNair Scholar will follow me always. Thank you McNair!

Iowa Outcomes 2006

Number of Students Served, 2005-06	57
Number Completing Bachelor's Degree*	181
Number Enrolling in Post-Baccalaureate Education	90
Graduates Enrolling in Post-Baccalaureate Education	52%
Number Attaining a PhD	4

2 of 2 programs reporting; 2006 Annual Performance Report Data

*Number reported since the inception of the McNair program at ISU and UNI

Upward Bound Math Science

Goal

The goal of Upward Bound Math Science (UBMS) is designed to help students recognize and develop their potential to excel in math and science and to encourage them to pursue postsecondary degrees in these fields.

This program is a specialized Upward Bound with math and science centers, designed to strengthen the math and science skills of participating students.

Services

- Summer programs consisting of intensive math and science training
- Year-round counseling and advisement
- Exposure to university faculty who do research in math and science
- Computer training
- Participant-conducted scientific research under the guidance of a faculty member or graduate student serving as the participant's mentor

Iowa Information

- 1 UBMS program at University of Northern Iowa
- Funded to serve 57 students for 2006-07
- Students from across Iowa have the opportunity to participate in UBMS. In 2005-06, participants came from Sioux City, Davenport, Council Bluffs, Waterloo, Columbus Junction and St. Ansgar.

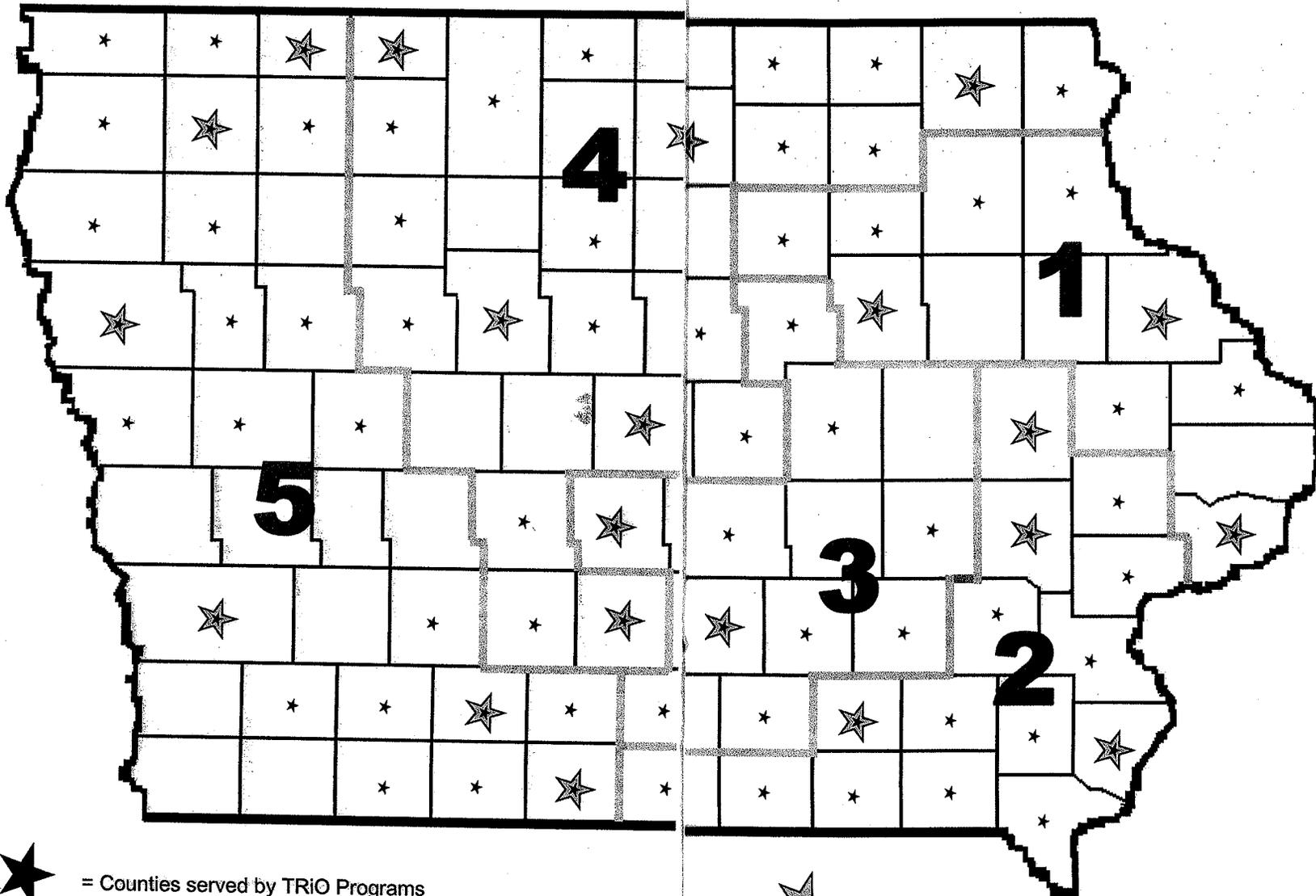
Iowa Outcomes 2006

Number of Students Served	57
BOTH Low-Income and First-Generation Participants	75%
Yearly Program Retention Rate	81%
High School Graduation Rate	100%
Post-Secondary Enrollment Rate	93%

1 of 1 Programs Reporting 2006 Annual Performance Report Data

Upward Bound Location	Students	Student Support Services	Students
Briar Cliff University	75	Briar Cliff University	200
Central College	130	Central College	200
Coe College	75	Coe College	210
Des Moines Area CC	55	Des Moines Area CC	200
Graceland University	50	Eastern Iowa CC	190
Indian Hills CC	50	Graceland University	180
Iowa Lakes CC	64	Hawkeye CC	160
Iowa State University	50	Indian Hills CC	225
Luther College	124	Iowa Central CC	175
Northeast Iowa CC—Peosta	50	Iowa Lakes CC	200
Northeast Iowa CC—Calmar	50	Iowa State University	250
Simpson College	50	Iowa Western CC	175
Southeastern CC	50	Kirkwood CC	175
St. Ambrose University	67	Luther College	160
University of Iowa	99	North Iowa Area CC	200
University of Northern Iowa	76	Northeast Iowa CC	160
Western Iowa Tech CC	50	Northwest Iowa CC	160
		Simpson College	160
Talent Search Location	Students	Southeastern CC/ Carl Sandburg College (IL)	250
Briar Cliff University	1000	Southwestern CC	180
Central College	1000	University of Iowa	350
Graceland University	800	University of Northern Iowa	200
Iowa Lakes CC	800	Western Iowa Tech CC	175
Iowa State University	1000	Educational Opportunity Center	Students
Southeastern CC	600	Indian Hills CC	1000
Southwestern CC	800	University of Northern Iowa	2000
University of Northern Iowa	1300	McNair Program	Students
Western Iowa Tech CC	800	Iowa State University	35
		University of Northern Iowa	22

Iowa Congressional Districts



= Counties served by TRiO Programs



= TRiO Programs Host Institution

Conclusion

TRiO in Iowa Works!

TRiO programs in Iowa have a proven success rate.

Participants in the pre-college TRiO programs (Talent Search, Educational Opportunity Center, Upward Bound, Upward Bound Math/Science) graduate from high school and enroll in college at a higher rate than that of their peers, regardless of background.

Iowa TRiO Pre-College Programs

	Iowa TRiO	State of Iowa
High School Graduation Rate	98%	84.5% *
College Enrollment Rate	85%	43.7% **

*2003-04 Iowa High School Graduation Rate

**2003-04 Low-Income College Participation Rate for Iowa

Source: Iowa Higher Education Opportunity Data Book

Participants in college-level programs such as Student Support Services and McNair are more committed to persisting to graduation and receiving their degree than those not in such programs.

Iowa TRiO College Programs

	Iowa TRiO	State of Iowa
Persisting to Graduation	59%	50%
Bachelor's Degree Attainment*	83.2%	24.3%

*Compares Graduation Rate from 4-year SSS programs to Iowans 25 years and older with a Bachelor's Degree

Source: Iowa Higher Education Opportunity Data Book

The Future of TRiO in Iowa

Bridging the Gap

Currently, there are 27 TRiO programs in Iowa that serve middle and high school students. These programs are funded to serve 9,347 students. **Pre-college TRiO programs in Iowa are only able to serve 15.5% of the eligible population.** In 2005, the number of Iowa K-12 students eligible for the National School Free Lunch Program was 118,303. If 60,000 of these students are 5-12 graders, then we are under-serving this population of Iowans. Students eligible for the free lunch program are also eligible for TRiO.

Regarding TRiO programs that serve college students, there are 25 programs serving 4,512 students. In 2003-04, there were 67,449 Pell Grant recipients attending Iowa public and private, 2- and 4-year institutions. Pell Grants are awarded to the most financially needy students. Thus, **college TRiO programs in Iowa are only able to serve 6.7% of the eligible population.**

The Cost of Level-Funding & Policies

The Department of Education recommended in the 2006-2010 Talent Search grant competition that these programs serve fewer school districts and to serve closer districts more intensely. In Iowa alone, 25 school districts and 750 students have lost services due to this policy.

Level funding the past 4 years has strained programs' ability to recruit and retain quality staff members and serve students most effectively in the college preparation and retention process.



IA MAEOPP

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TRiO